FUTURE TO FIND

College Counseling for Freshmen and Sophomores
PRESENTATION OUTLINE

- Introductions and school background
- Overview of programs
- How to “make it happen” in your school
- Time for questions
LINDSEY WATERS

Christ Church Episcopal School, Greenville, SC

420 in the Upper School

3 College Counselors

College Counseling Programming

  Long Advisee

  Individual Meetings

  Family Programs
FOR 9TH GRADERS...

- Family meeting with a college counselor during the summer
- PSAT 8/9 follow up for families
- Long advisee
  - Start an activities profile
  - Take StrengthsExplorer Assessment
FOR 10TH GRADERS...

Individual meeting with a college counselor in May
Sophomore College Tour Day
College Representative Panel
Building Your Story: Making the Most of Your Upperclassmen Years
FOR ALL GRADE LEVELS

- Cup of College Presentations
  - The Application Evaluation Process
  - Standardized Testing
  - College Tours

- College Experts
  - Panel for all grades
  - CCES Experts Panel for 9th Grade
  - Presentations for 10th grade
  - College Fair for all grades
ACTIVITIES RESUME

CCES Student Activities Resume
Extracurricular, personal and volunteer activities (including summer)
Please list your principal extracurricular, community and family activities and hobbies in the order of their importance to you. Include specific events and/or major accomplishments such as musical instrument played, varsity letters earned, etc.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Grade Level (9,10,11,12)</th>
<th>Hours per week/weeks per year</th>
<th>Positions, Honors, Awards, etc.</th>
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Name:
ACTIVITIES RESUME

- Begin in Google Drive
  - Share with parents, advisor, eventually college counselor
- Starting in 9th grade, record hours and details
  - Extracurricular Activities
  - Honors and Awards
  - Work Experience
  - Personal Qualities
- Update twice a year
  - During course registration
  - Family meetings
  - Individual work time
TIA HILL

Davidson Day School, Davidson, NC

165 in Upper School

1.5 College Counselors

Academic advising program

- Monthly seminars
- Monthly advisory activities
August, September

August: Welcome and Intro
- 9th: What is College Counseling?
- 10th: Welcome & Naviance Refresh

September:
- 9th: Create Naviance accounts
  - Activity: Naviance “Scavenger Hunt”
- 10th: How to conduct a college visit. Prep for Sophomore College Tour.
  - Activity: College Tour follow-up worksheet
OCTOBER, NOVEMBER

October: PSAT
🔗 9th: What is the PSAT?
   ✱ Activity: Strengths Explorer
🔗 10th: Standardized test recommendations, Khan Academy, and Naviance Test Prep
   ✱ Activity: Do What You Are

November: College Night Promotion and Careers
🔗 9th and 10th: Intro to Roadtrip Nation
   · Activity: Advisor led career conversations
CELEBRITY BINGO

Instructions: First to BINGO CORRECTLY gets one spirit wear item from school store

1. Barack Obama’s Alma Mater
2. Michael Phelps studied here but didn’t swim for this university. Also the alma mater of your favorite upper school chemistry teacher
3. Oprah graduated from this southern school
4. The alma mater of Kourtney Kardashian, who is the only Kardashian with a college degree
5. Dwayne “The Rock” Johnson played football at this ACC school
6. Before graduating in 1987 Sandra Bullock was active in the theatre department at this school
7. Jimmy Fallon studied Computer Science at this school until his senior year when he switched to Communication Studies
8. Mindy Khaling graduated from this Ivy League School. Also the alma mater of your DDS marketing director
9. Michael Jordan’s alma mater
December: PSAT Results

9th and 10th: What do scores mean?

January: Summer Programs

9th and 10th: Summer opportunities, TeenLife.com
- Activity: Research options and turn in list of ideas

February: Activities Record

9th: Introduce Activity Record
- Activity: Create Activity Record

10th: Discuss maximizing Upper School experience
- Activity: Update ACtivity Record
MARCH, APRIL

March: College Fair

★ 9th and 10th: Prep for CLT National Fair
  ✤ Activity: College Fair follow-up worksheet

April: Admission Rep Presentation

★ 9th and 10th: Group discussion with a member of CROWN
KAREN MIROS

St. Joseph’s Catholic School, Greenville, SC

440 in high school

2 College Counselors, 1 School/Academic Counselor (Dean of Student Support)

Topics covered:
- College Exploration
- College Preparation
- Test Preparation
- Communication
**COLLEGE EXPLORATION**

- Sophomores are given and encouraged to use two excused college visit days
- Freshmen and sophomores are able to attend some on-campus college visits
- Heavy emphasis on both attending and volunteering at two large college fairs each year
- Some students utilize College Visit ‘minimester’
- Explore common myths about colleges and careers in Classroom Guidance; encourage out-of-the-box thinking
COLLEGE PREPARATION

- Classroom Guidance in Fall of Freshman year: four year high school plan, address college and career myths, discuss ways to explore interests and passions
- Classroom Guidance in Spring of Sophomore Year: introduction to Naviance, complete Strengths Explorer in Naviance.
  - Strengths Explorer results used at Sophomore Retreat
- Every sophomore meets with a college counselor in the spring; every freshman has optional meeting with Dean of Student Support
- Parents complete sophomore parent questionnaire
Majors that May Surprise You

- Steve Carrell - Majored in History at Denison University
- Clarence Thomas – Majored in English at College of Holy Cross (also went to seminary)
- Kenny Chesney – Majored in Advertising at ETSU
- JK Rowling – Majored in French at Exeter University
- Michelle Obama – Majored in Sociology at Princeton
- Steve Ells (CEO of Chipotle) – Majored in Art History at UC Boulder
- Ina Garten – Majored in Economics at Syracuse
- Joanna Gaines – Majored in Communications at Baylor
- John Grisham – Majored in Accounting at Mississippi State
- Ted Turner – Majored in Classics at Brown
- Reed Hastings (Netflix CEO) – Majored in Math at Bowdoin
TEST PREPARATION

- Practice tests (e.g., Kaplan, Princeton Review) offered twice in the spring—both ACT and SAT
- Freshmen take PSAT 8/9 and sophomores take PSAT 10
- Classroom guidance with the sophomores before the PSAT—discuss strategies, overview, etc.
- Giveback seminar in January for PSAT results. Encouraged to utilize connection to College Board
COMMUNICATION

- Freshman & Sophomore Night for Students and Parents in February. Topics covered include: What are colleges looking for (grades, curriculum, test scores, extracurricular activities, leadership, character), College planning.
  - Night is paired with Administration’s ‘Wine and Cheese Night’.
- Bi-monthly newsletters - address opportunities for enrichment, stress management, test-taking tips, study skills, community events
- Website - updated regularly with events, college information sessions, enrichment opportunities, summer programs, new information
Questions?